Having grown up in California as the daughter of Filipino immigrants, Theresa moved to Pittsburgh three years ago to pursue studies as a classical musician. Her interest in language, history, and cultural identity led her to study these fields as well.

Today, she is most at home performing and sharing her sound with musicians and audiences who come together across differences, from linguistic and cultural to differences in age and ability.

Most recently, she performed with the Philippine-American Performing Arts of Greater Pittsburgh, where she arranged and performed a medley of traditional flute music, as well as improvising on kulintang, a traditional Philippine instrument.

She has also performed in Khūrākī, a live-art piece commissioned by the Office of Public Art and created by Molly Rice, which celebrates the Afghan refugee community of Pittsburgh through theatrical portraits of five women.

She was also a Teaching Assistant for Jennie Dorris's Creative Expression program at Carnegie Mellon Music Preparatory School, where she created improvisation exercises and guided children in collaborating to create their own music, inspired by community partners. Recent partners include seniors experiencing Alzheimer's, Syrian poet Osama Alomar, and mayor of Wilkinsburgh Marita Garrett.

She is interested in ways music can engage with creative writing, and has created a solo interdisciplinary performance called "A Place Built of Sound" that explores themes of postcolonialism, diversity, and inclusion in Western classical music.

Currently she is a Senior pursuing a Bachelor of Humanities and Arts in Flute Performance and Global Studies at Carnegie Mellon University, where she studies with Alberto Almarza.